

The Great Himalaya Trail is one of the longest and highest trails in the world. It is a trail that winds for 1,700 kilometres through Nepal – across the roof of the world, over ice-covered passes, crossing high-mountain deserts and through some of the most remote areas on earth. This path is perhaps the ultimate walk. In 2012, Himalaya veteran Gerda Pauler set out to walk the length of the trail to raise awareness of autism in Nepal. Travelling across the country with open eyes and ears, ascending high passes, visiting isolated villages and drinking tea with the locals allowed her to see and hear things many of us might never hear, never experience – and never know. Beautifully written like many great travel books and with a foreword by Sir Chris Bonington, this is so much more than a travel diary – it is a collection of stories from the very heart of Nepal and its people. From Tibetan tea and local beer to corrupt politicians and child marriage; cold nights and monsoon rain to incredible views and searing heat; and from angry yaks and giant spiders to Mr Bean and Jack Nicholson! Her book is not about her, but about this trip, across the roof of the world, done both for her own pleasure and for those who suffer from autism. Sir Chris Bonington

A Walk with Christ, The Only Way Was Essex: Tough Times and simple pleasures: growing up in an Essex village in the 1920s, Making Disciples, Making Leaders--Participant Workbook, Second Edition: A Manual for Presbyterian Church Leader Development, Health is Wealth: The Clean Eating Diet: RECIPE GUIDE TO FITNESS GAINS, WEIGHT LOSS GOALS, HEALTHY & FIT LIFE!, 50 Bosses Worse Than Yours, Seitz Concerto No3 In G Min Op12 Vln/Pf, Justine - Tome 2: Les Malheurs de la Vertu (Collection Marquis de Sade) (French Edition), The Concordant Clinical Homeopathic Repertory (Middle English Edition),

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On the 86th day of her trek across Nepal, from east to west, which she describes in Great Himalaya Trail: 1, Kilometres Across The Roof Of the World. The Great Himalaya Trail is one of the longest and highest trails in the world. It is a trail that winds for kilometres through Nepal - across the 'roof of the. ETVUGEYTF107 ^ eBook Great Himalaya Trail: 1, kilometres across the roof of the world (Paperback). Great Himalaya Trail: 1, kilometres across the. Great Himalaya Trails (GHT) is a re-brand title for the original 'The Great Himalaya Trail'. Whereas the original trail was a route across the country from east to west, There is a proposed trail of more than 4, kilometres (2, mi) stretching the length of the . Great Himalaya Trail across the roof of the world.

The NOOK Book (eBook) of the Great Himalaya Trail: Kilometres Across the Roof of the World by Gerda Pauler, Chris Bonington at.

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